

Out shopping in the supermarket you bought some sugar snap peas that had been grown 7 thousand kilometres away in Kenya. You could have grown them in your own garden.

Move **back** 2 spaces

In the local shop you bought pears that had been grown in Wisbech, England.

Move **forward** 2 spaces

You have made a salad with lettuce leaves that you have grown in your own garden.

Move **forward** 3 spaces

You have put all your vegetable peelings in the compost bin. You will grow vegetables with the compost later in the year.

Move **forward** 3 spaces

You were driving past a local farm and you noticed that they had a farm shop. You bought some potatoes for your evening meal.

Move **forward** 2 spaces

You have had a lovely day out picking strawberries at a farm near to your house. You will use the strawberries to make jam and desserts.

Move **forward** 2 spaces

You have bought your sweet corn from the USA and it has travelled 9 thousand kilometres. Your local farmer sells it in his farm shop.

You must move **back** 3 spaces

You are eating corn flakes from Argentina. They have travelled 11 thousand kilometres to get to your table.

Go **back** 4 spaces

You are decorating a cake with cherries from France. They have travelled 500 kilometres. You could have bought them at the farmers' market in your nearby town.

Move **back** 1 space

You have bought bread that has been made from wheat grown in Canada. The wheat has travelled 9 thousand kilometres. Organic wheat for bread can be grown in England on the Fens.

Move **back** 3 spaces

At the supermarket you bought a chicken which was raised on a farm in the Netherlands when you could have chosen an organic chicken that came from a Norfolk farm in England.

Move **back** 3 spaces

At the local shop you bought apples grown in South Africa. They have travelled 8 thousand kilometres. The local farmer grows apples and he is selling them in his farm shop.

Move **back** 3 spaces

You have bought some frozen peas from the village shop. You chose those because they were grown in Lincolnshire, England.

Move **forward** 1 space

You buy organic vegetables from a local farmer in his box scheme. He delivers them to your home.

Move **forward** 3 spaces

You have grown cress on your window sill from seed instead of buying it in the shop.

Move **forward** 2 spaces

You have bought your carrots from a local farmer at the farmers' market in your nearby town.

Move **forward** 2 spaces

You have bought Spanish oranges that have been sold through a farmers cooperative. You did not buy oranges from the supermarket that have travelled 8 thousand kilometres from Florida.

Move **forward** 2 spaces

Your neighbour has grown some cauliflowers in her garden and gives you some. You will give her some of the apples from your orchard in return.

Move **forward** 3 spaces